

TROPICAL PACKING LIST

We recommend you pack very light. Pack in a small, squashy duffle-type bag, **not** hard suitcases as there is no room to store them on board. Your primary storage space will be in a box next to your bunk (roughly the size of a 100l duffle bag).

On Tropical Trips, it is generally hot, with water temperature from the high 70s to mid 80s °F, and air temperatures in the low 70s at night, getting up into the 90s during the day.

You will see that we recommend specific materials for certain items. These materials are recommended for their technical properties, eg wool (thermal and wicking) for base and some mid layers, thermal for mid layers, water proof and / or quick drying for outer layers.

It is required that headlamps have a red light option for use at night, which protects your night vision. For water bottles, we recommend a minimum capacity of 16oz (24-32oz would be better) insulated is ideal, and with carabiner to clip to the helm station and your bunk. We recommend bringing a watch, even if you don't usually wear one, to keep time on deck without getting your phone wet/damaged.

Suggested items to bring are:

CLOTHING

- ☐ Underwear
- ☐ Warm mid-layer top (fleece/down) x1
- ☐ Pants (we like quick-dry hiking pants, jeans dry too slowly) x1-2
- ☐ T-shirts x 3-4
- ☐ Shorts x 2-4
- ☐ Long sleeved shirt (sun protection, warmth) x1-2
- ☐ Swimwear x 2-3

TOILETRIES

- ☐ Sunscreen (We recommend mineral based formulations: non-nano zinc oxide & titanium dioxide)
- ☐ Personal Medication
- ☐ Towel (quick dry is best)
- ☐ Toiletries (toothpaste, lotions, contact lenses & solution, etc.)

FOOTWEAR

- ☐ Closed-Toe deck shoes (no flip-flops on deck)
- ☐ Sandals

WE WILL PROVIDE

- Pillow, linens, and blanket
- Foul weather gear top and bottom
(Feel free to bring your own if you like)
- Individual Spinlock Deckvest PFD
(personal flotation device) with
integrated harness, tether, and AIS
beacon
- Full medical kit
- All meals onboard (vegetarian)

OTHER

- ☐ Hat - cap for sun protection
- ☐ Sunglasses
- ☐ Headlamp (with a red light)
- ☐ Watch (to keep time on deck)
- ☐ Reusable Water Bottle with
carabiner
- ☐ A good book or two (we have a library
on board as well)

