

High Latitude Packing List

We recommend you pack very light. Pack in a small, squashy duffel-type bag, NOT hard suitcases or wheeled bags as there is no room to store them on board. Your working storage space will be in a box next to your bunk, dimensions – 18" (50cm) x 16" (40cm) x 10" (26cm), with a bit more space to store things next to/in back of your bin. If necessary your duffel bag (with the remainder of your gear) can be stowed elsewhere but it should be able to fit through a 10"x16" opening when partially emptied and won't be readily accessible.

On these high latitude trips, it is generally cold! Water temperatures from the mid 30s to mid 50s and air temperatures to match. It can get warm during the day in full sun, but it sure isn't the tropics. Snow, sleet, ice, fog, wind and rain are all likely, with the sun able to be harsh as well. Sunburn and wind burn on exposed skin is a real risk.

What to Bring:

- Hiking boots (waterproof/resistant ideal)
- Waterproof sailing boots x1
- Sunglasses
- Sunscreen (We recommend mineral based formulations: non-nano zinc oxide & titanium dioxide)
- Personal Medication
- Towel (quick dry is best)
- Headlamp (ideally with both red & white lights)
- Watch (To keep time on deck without getting your phone wet/damaged)
- Toiletries (toothpaste, lotions, contact lenses & solution, etc.)
- Reusable Water Bottle (minimum 16oz, 24-32oz better, insulated ideal, and with carabiner to clip to helm station and bunk)
- A good book or two to read (we have a library on board as well)
- Underwear (as much as you need)
- Warm Socks (wool recommended) x5-8
- Heavy Long Underwear Top and Bottom (wool recommended) x2-3
- Warm Mid Layer Top (fleece/down) x2 –sized so you can layer them
- Warm Mid Layer Bottom (fleece) x1-2
- Warm vest for layering
- Warm Jacket (water repellent/resistant ideal)
- Warm Hat x1-2
- Scarf or neck warmer x1-2
- Warm Gloves (Gore-tex/waterproof recommended) x2 (in case one gets wet)
- Lightweight gloves x1
- Pants (we like quick-dry hiking pants, jeans dry too slowly) x1-2
- Long Sleeved Shirt (sun protection, warmth) x1-2
- Swimwear x1 (for arctic plunges)
- Ski goggles (optional but nice)

What we Provide:

- Pillow, Pillowcase, sheets, blankets
- Foul Weather Gear (Grundens)
- Full First Aid Kit
- Individual PFD (Personal Flotation Device) with integrated harness, AIS MOB beacon & tether