

Temperate Packing List

We recommend you pack very light. Pack in a small, squashy duffle-type bag, NOT hard suitcases / roly bags as there is no room to store them on board. Your storage space will be in a box next to your bunk, dimensions – 18" (50cm) x 16" (40cm) x 10" (26cm). On temperate trips, it is generally cool to cold - water temperature from the high 40s to mid 60s, and air temperatures as low as the mid 40s at night, potentially getting into the 80s during the day on land but mid-60s on the water. Be prepared for cold rain, fog, and wind.

What to Bring:

- Closed-Toe Deck Shoes (no flip flops on deck)
- Sandals
- Hat (Sun Protection)
- Sunglasses
- Sunscreen (We recommend mineral based formulations: non-nano zinc oxide & titanium dioxide)
- Personal Medication
- Towel
- Headlamp (ideally with both red & white lights)
- Watch (To keep time on deck without getting your phone wet/damaged)
- Toiletries (toothpaste, lotions, contact lenses & solution, etc.)
- Reusable Water Bottle (minimum 16oz, 24-32oz better)
- A good book or two to read (we have a library on board as well)
- Underwear (as much as you need)
- Warm Socks (wool recommended) x3-4
- Long Underwear (wool recommended) x1-2
- Warm Mid Layer Top (fleece/down) x1-2
- Warm Mid Layer Bottom (fleece) x1-2
- Warm Hat x1
- Warm Gloves (Gore-tex/waterproof recommended) x1
- Pants (we like quick-dry hiking pants, jeans dry too slowly) x1-2
- T-shirts x2-3
- Long Sleeved Shirt (sun protection, warmth) x1-2
- Shorts x2-3
- Swimwear x1
- Waterproof sailing boots x1

What we Provide:

- Pillow, Pillowcase, sheets, blanket
- Foul Weather Gear (Grundens)
- Full First Aid Kit
- Individual PFD (Personal Flotation Device) with integrated harness & tether
- Mask, Fins, Snorkel